



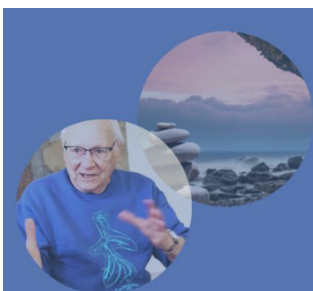
Zero Balancing[®]
New Zealand Association Inc

Zero Balancing Code of Practice

The Zero Balancing New Zealand Association Incorporated, is committed in supporting a community of excellence, with highly skilled and Certified Practitioners, of like-minded individuals committed to personal growth of themselves, each other and in turn their clients, by use of the principles and guidelines of Zero Balancing.

All Zero Balancing Certified Practitioners shall:

- 1 Give a **Pure ZB session**, not another modality or blend of modality they have been taught when a client books a ZB Session for the first time – this is paramount.
- 2 Hold a current First Aid Certificate and Professional Indemnity and Public Liability Insurance. A certificate of membership is supplied to ZB Practitioner when proof of First Aid Certificate and proof of Insurance is received with ZBNZA annual fee.
- 3 Consider first the health and wellbeing of the client and provide the highest quality of care.
- 4 Treat the client with the highest personal regard, compassion and respect.
- 5 Maintain clear and honest communication with clients, fellow practitioners and other associated professionals.
- 6 Maintain high standards of professional conduct, providing services in an ethical and professional manner.
- 7 Maintain confidentiality of all information derived from a client and divulge the information only with the express permission of the client.
- 8 Acknowledge the limitations of personal skills, or any conflicts of interest, and refer clients as necessary.
- 9 Maintain work premises in a professional manner and ensure all facilities are safe and hygienic.
- 10 Strive for professional excellence through ongoing education, skills maintenance and consultation with other qualified Practitioners, Teachers and the Zero Balancing Community.
- 11 Maintain appropriate treatment fee structures in recognition of the professional nature and experience of ZB skills, whilst ensuring clients are provided with fair value for services.
- 12 Endorse and abide by the terms set out within the *ZBNZA Articles of Association and Code of Conduct and Constitution*.
- 13 The Code of Practice is subject to change/amendment by the ZBNZA Board.



“Today is today and I’m glad it’s
today.”

- Dr. Fritz Smith



Zero Balancing[®]
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Zero Balancing New Zealand Association (ZBNZA Inc) Principles

Work at Interface

A key to the effectiveness of Zero Balancing is continual clarity regarding the boundary where the client and practitioner meet.

A ZB practitioner learns to be aware of both his or her physical and energetic boundaries as well as those of the client. This principle fosters mutual safety and respect and can enhance all forms of bodywork and relationships.

To communicate touch and principles of healing through the technique of Zero Balancing.

Hold Yourself and Others in the Highest Personal Regard

This principle frames relationships with oneself and others in all Zero Balancing classes, and is embodied in every Zero Balancing session.

Allow Changes to Occur with Engagement, Stillness and a Clear Disconnect

Zero Balancing practitioners do not force any changes, but rather create the conditions for clients to balance themselves. Zero Balancing fulcrums deeply engage the client's body and mind and promote rapid reorganisation. Once the fulcrum is released, integration occurs.

To Honour Dr Fritz Smith and Zero Balancing Touch Foundation

To honour the lineage of Zero Balancing, maintaining its true nature, while allowing the practice to grow and evolve in New Zealand.

To be a central point, concentrating information and energy for the wider Zero Balancing community, and the Public, in New Zealand.